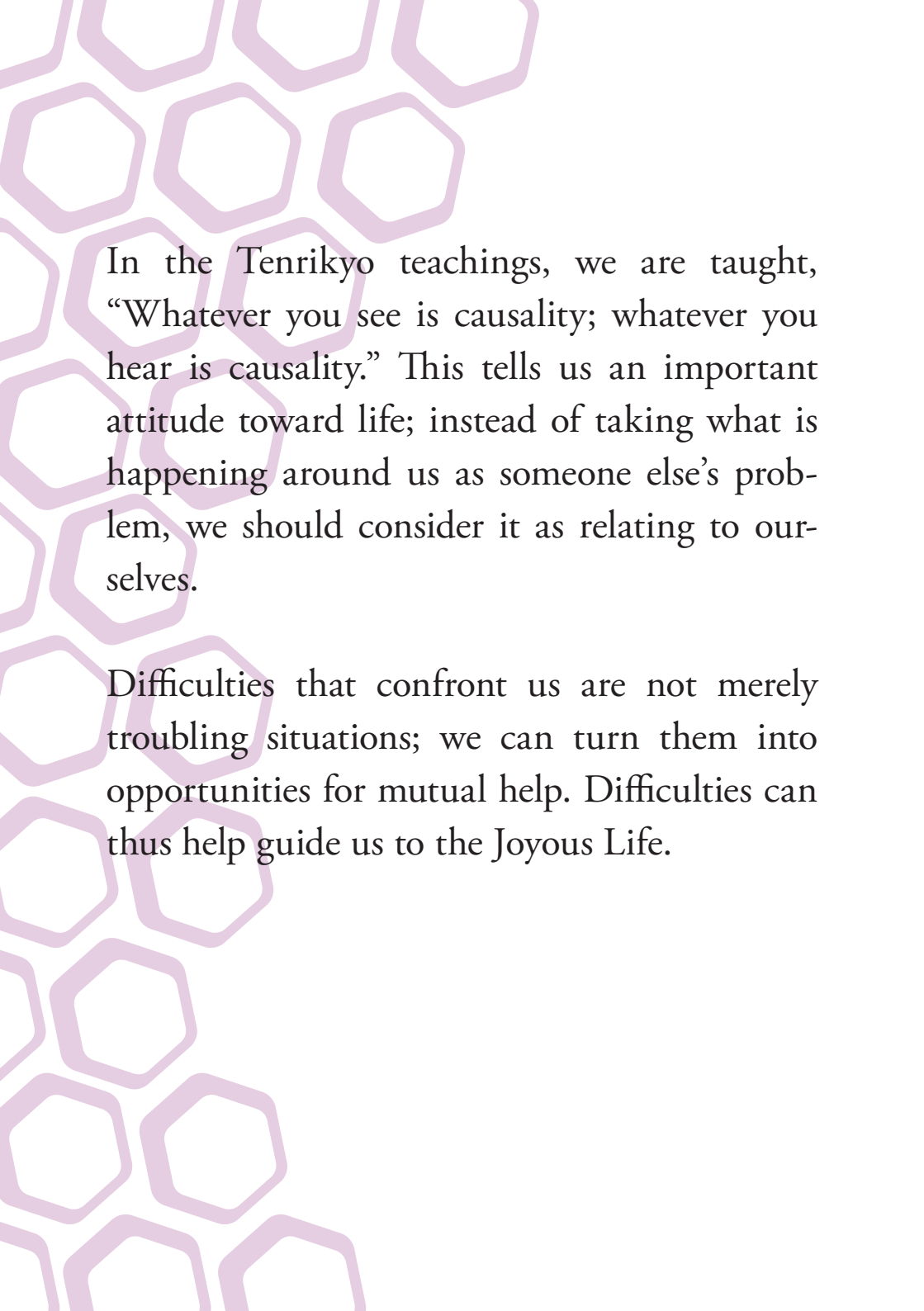


Taking difficulties as opportunities for mutual help

The following is a story of a mother whose daughter was born with a severe disability:

The mother cried every day after she found out that her daughter was disabled. Since then, however, she, her husband, and others in her family have walked through life bravely while helping one another. Looking back over her life, she says with humor, “My daughter is like the sun to my family.” Despite anxiety about the future, she and her family faced up to her daughter’s disability and have been able to overcome difficulties with support from many people.

A decorative background consisting of a pattern of purple hexagons of varying sizes, some overlapping, set against a white background. The hexagons are arranged in a somewhat irregular, honeycomb-like pattern, primarily concentrated on the left side of the page.

In the Tenrikyo teachings, we are taught, “Whatever you see is causality; whatever you hear is causality.” This tells us an important attitude toward life; instead of taking what is happening around us as someone else’s problem, we should consider it as relating to ourselves.

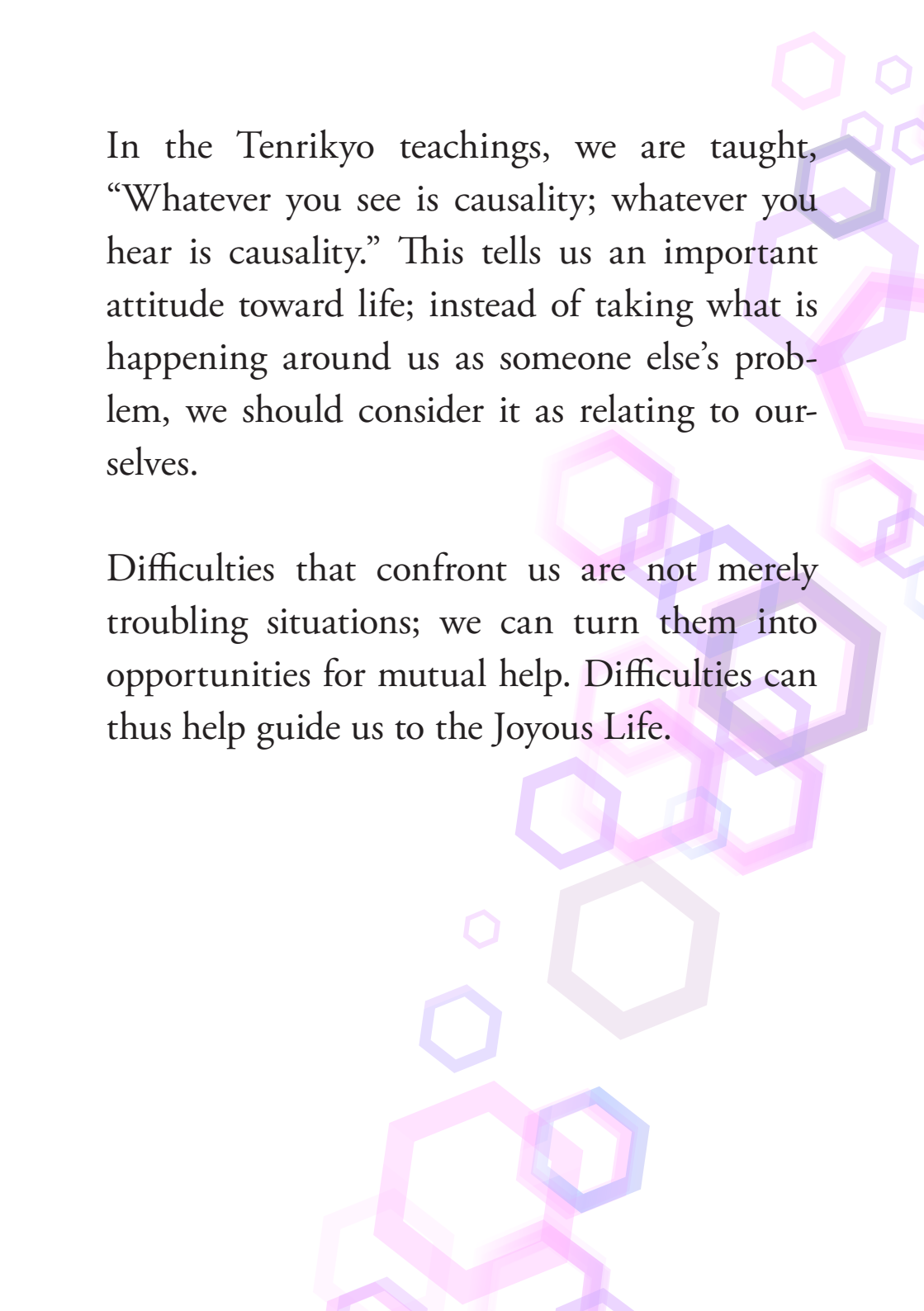
Difficulties that confront us are not merely troubling situations; we can turn them into opportunities for mutual help. Difficulties can thus help guide us to the Joyous Life.

A large, solid purple hexagon with a white center, positioned in the top left corner of the page. The background of the entire page is decorated with various overlapping hexagons in shades of purple, pink, and blue, some with white centers and some without.

Taking difficulties as opportunities for mutual help

The following is a story of a mother whose daughter was born with a severe disability:

The mother cried every day after she found out that her daughter was disabled. Since then, however, she, her husband, and others in her family have walked through life bravely while helping one another. Looking back over her life, she says with humor, “My daughter is like the sun to my family.” Despite anxiety about the future, she and her family faced up to her daughter’s disability and have been able to overcome difficulties with support from many people.



In the Tenrikyo teachings, we are taught, “Whatever you see is causality; whatever you hear is causality.” This tells us an important attitude toward life; instead of taking what is happening around us as someone else’s problem, we should consider it as relating to ourselves.

Difficulties that confront us are not merely troubling situations; we can turn them into opportunities for mutual help. Difficulties can thus help guide us to the Joyous Life.